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greater rochester
Health *foundation*



May 2024

HEALTH FOUNDATION NEWS



Celebrating & Uplifting Parent Power

April was Month of the Young Child but all year long we celebrate what that can be achieved when nonprofits and funders work in authentic partnership with parents to make lasting change in organizations and systems!

We were excited to close out April by sharing share this video spotlight on Healthy and Equitable Futures -- a strategy to advance racial health equity for Black and Latinx children, co-created with parent leaders every step of the way. This video was produced by Parent Leader Facilitator Devin Anglin! Learn more about Healthy and Equitable Futures and find resources for parents and caregivers [here](#).

ICYMI: We also shared our RAND report, available in [English](#) and [Spanish](#), highlighting progress and learnings in the Healthy and Equitable Futures work.

Recommended Resources: May is Mental Health Awareness Month

May is Mental Health Awareness Month. Since its inception in 1949, Mental Health Awareness Month has been a cornerstone of addressing the challenges faced by millions of Americans living with mental health conditions.

The **Healers' Village** is a (Rochester-based) home for culturally responsive healing and wellness approaches and practices for people of the African Diaspora. Its mission is "To create an ecosystem of wellness for Black People where they can find, achieve, and maintain their ultimate wellness as they define it." Click [here](#) to learn more.



THIS CAMPAIGN IS SUPPORTED BY CONTRIBUTIONS FROM JOHNSON & JOHNSON AND OTSUKA AMERICA PHARMACEUTICAL, INC.

[National Alliance on Mental Illness \(NAMI\)](#) offers a toolkit with resources to share and promote Mental Health Awareness Month [here](#).

[Mental Health America's](#) 2024 Mental Health Month toolkit provides free resources to help plan your efforts and raise awareness during the month of May and beyond. It has DIY tools, social media assets, resources, templates, printable handouts, and more! Download the resource [here](#).

GRANTEE SPOTLIGHT

Celebrate National Foster Care Awareness Month With HOPE585

From [HOPE585](#) (formerly Hub585):

May is National Foster Care Awareness Month, affording a critical opportunity to raise awareness for one of our most vulnerable populations: children and families impacted by foster care. [HOPE585](#) is dedicated to making a difference in their lives, and they invite the community to join in one or several of their efforts during National Foster Care Awareness Month.

HOPE585 shares that with its recent name change they're positioned to "embark on a renewed and impassioned journey to redefine the empowerment narrative for the

HOPE585 National FOSTER CARE Month

walk a mile

EVENT

Join Hope 585 on a symbolic 1-mile walk, carrying a suitcase that represents the instability experienced by children in foster care. These suitcases will serve as direct donations to CPS, ensuring that we make a tangible difference in the lives of children in need.

Jeremy Cooney
Adam J. Bello

To register, go to [walkamile.eventbrite.com](https://www.eventbrite.com/e/walk-a-mile)

May 25, 2024 Parcel 5 11 am-1 pm

communities we serve," as they work towards their mission of moving families from systemic trauma to a place of power and belonging -- championing a holistic approach that prioritizes genuine connections and transformative relationships as the catalysts for positive change.

Throughout the month, HOPE585 is hosting a series of events aimed at shining a light on the challenges faced by children in foster care. From a [documentary viewing](#) to a [lunch and learn](#) to our [Walk A Mile event](#), there is an array of opportunities for you to engage and demonstrate your support.

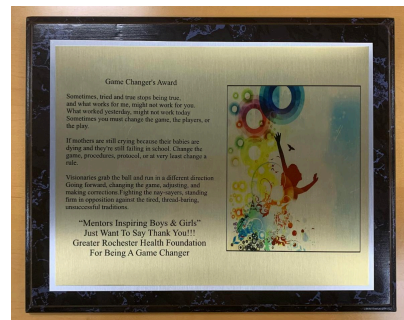


Congratulations to Mentors Inspiring Boys & Girls on a Successful Spring Showcase of Talent!

Mentors Inspiring Boys & Girls (MIB) recently held its Spring Showcase of Talent, with Rochester youth "stepping out and strutting their stuff" with performances of step and hip hop dance, spoken word monologues, and the stage play *"Breaking the School to Prison Pipeline Formative Years,"* on Saturday, April 27.

The Health Foundation is grateful to have received the Game Changer Award during the event and we are proud to support MIB! MIB is "a creative arts program that delves into theatre, creative writing, poetry, and dance -- providing positive reinforcements, encouraging youth to use their voices, learn how to express themselves, and break out of their shells, while having FUN."

Learn more about their work and programs [here](#).



POWER HER FORWARD: IMMERSIVE GRANT WRITING PROGRAM



Applications Now Open for Women's Foundation of Genesee Valley' Immersive Grant Writing Program

The [Women's Foundation of Genesee Valley](#) invites women of color leading local non profits to its Immersive Grant writing course with [Grants4Good LLC](#). Learn more and apply [here](#). The application deadline is **Wednesday, May 29**.

The mission of the Women's Foundation is "To amplify the voices of all women and girls in the Greater Rochester Area and to break down barriers to success through equitable philanthropy and transformative community partnerships."

The Health Foundation is proud to support this effort. Click [here](#) to learn about the inaugural class of graduates.

LEARNING & ENGAGEMENT

Monroe County Family Coalition Invites Community to Inaugural Youth & Family Wellness Conference



JOIN US FOR MCFC'S YOUTH AND FAMILY WELLNESS CONFERENCE



CO-HOSTED BY
QUENTIN GAUSE, FORMER
DENVER BRONCO



Video Game
Lounge



Financial
Wellness



Yoga



Emotional
Wellness



Jobs and
Internships



Dodge Ball, Simon
Says, Freeze Tag



DINNER PROVIDED | FREE ADMISSION
Meet former Cleveland Brown Jermaine Ponder
and former Philadelphia Eagle Bruce Johnson



This program is supported in part by a grant from Excellus BCBS and Vision Financial Group.



JOIN US FOR MCFC'S YOUTH AND FAMILY WELLNESS CONFERENCE



KEYNOTE BY
PARENT ADVOCATE
GANDACE CABRAL



Financial Wellness
Workshop



Mental Health
Workshop



The Art of
Wellness



Community
Wellness Workshop



Free Raffle



Fun Interactive
Space for Kids



**BREAKFAST & LUNCH PROVIDED
FREE ADMISSION**
Panel discussion moderated by Dr. Cheryl
McKeiver. Final remarks by former Philadelphia
Eagle Bruce Johnson.



This program is supported in part by a grant from Excellus BCBS and Vision Financial Group.

Don't miss the Monroe County Family Coalition's inaugural Youth and Family Wellness Conference! The theme of the conference is, "Building Family Wellness: It Takes a Village." The conference promises to be a transformative experience focused on family, youth, and community wellness.

The 2-day event starts **Friday, May 31** and will be co-hosted by Rochester native and former Denver Bronco Quentin Gause. Day 2 features a keynote by Parent Advocate Candace Cabral and remarks by financial educator Dr. Cheryl McKeiver. Former NFL players Jermaine Ponder and Bruce Johnson will also be part of day 2 events.

Register for day 1 [here](#)

Register for day 2 [here](#)

Click [here](#) to learn more about Monroe County Family Coalition.

GRANT OPPORTUNITIES & RESOURCES



Attention small and mid-sized nonprofits in our region! Did you know that [Causewave Community Partners](#) is available to help organizations secure the funding to increase community impact? Learn more about the Grants Capacity Building Initiative offering free grant-writing support [here](#). The Health Foundation is proud to support this important initiative along with our friends at Rochester Area Community Foundation!



The [Max and Marian Farash Charitable Foundation](#) is pleased to invite organizations to apply for funding to expand the number of seats available for youth in current out-of-school time programs and/or create new OST program sites. **Applications are due Monday, June 3.** For more information, the full RFP, and important dates, click [here](#).



The [Health Foundation for Western & Central New York](#) is proud to announce *Imagine Nonviolence: Close the Gap*, a new effort to support community-based organizations that are working toward safer, healthier communities through programs to raise awareness of firearm safety, reduce gun

violence, and equip community members with needed skills. **The request for applications closes on Wednesday, June 5.** Learn more [here](#).



Tribal Health Program Support: Technical assistance and training for tribes that provides public health information, advocacy tools, policy analysis, and health promotion and disease prevention programming with the goal of elevating the health status of tribal citizens. Geographic coverage:

Nationwide; Applications accepted on an ongoing basis. Sponsor: United South and Eastern Tribes, Inc.



Health Foundation Curated Grants Database

Reminder: Local, statewide, and national health-related grant opportunities are shared on the Greater Rochester Health Foundation [website](#). This searchable document is updated with new grants on a regular basis.

COMMUNITY BOARD





OPEN TO THE PUBLIC

COMMUNITY ACTION MONTH CELEBRATION & COMMUNITY RESOURCE EVENT

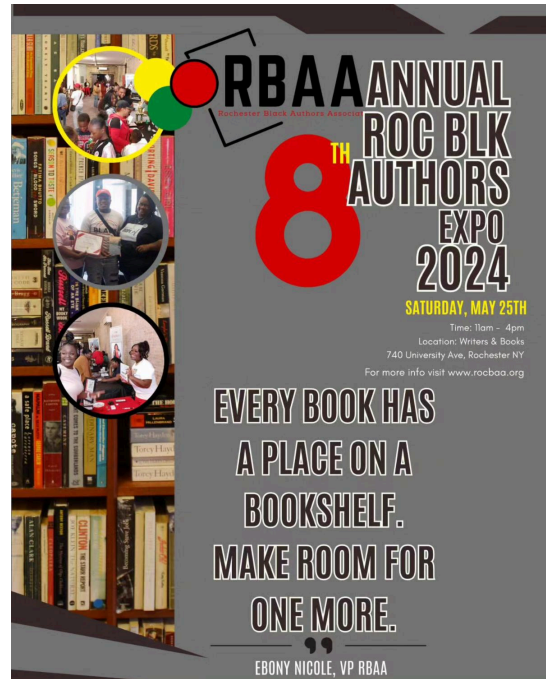
Join ABC in celebrating 60 years of Community Action in the Greater Rochester Community.

- Free Food
- Live Performances
- Home Ownership Workshop
- Live WDKX Broadcast
- Fun and Games for the Whole Family!
- Raffles

Come vend with us! Scan the QR below to apply!

- Place: MLK, Jr. Park, Rochester
- Date: Saturday May 18th, 2024
- Time: 10 a.m. – 4 p.m.

@ABCINFO ABCINFO.ORG @ABCCAA

RBAA ANNUAL ROC BLK AUTHORS EXPO 2024

8TH

SATURDAY, MAY 25TH
 Time: 10am – 4pm
 Location: Writers & Books
 740 University Ave, Rochester NY
 For more info visit www.rocboa.org

EVERY BOOK HAS A PLACE ON A BOOKSHELF. MAKE ROOM FOR ONE MORE.

EBONY NICOLE, VP RBAA



New York State Trauma-Informed Network & Resource Center
 Office of Mental Health

APPLY TODAY

Call for Proposals

Join the Journey Conference

Submissions are due May 31, 2024.



SAVE THE DATE

women OF COLOR SUMMIT
 ADVANCING FORWARD & UPWARD

JUNE 5, 6
 (IN-PERSON)

JULY 18, 25
 (VIRTUAL)
2024



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 NEXT-LEVEL WORKFORCE EDUCATION

Centered in equity, the mission of the [Greater Rochester Health Foundation](http://www.thegrhf.org) is to pursue and invest in solutions that build a healthier region where all people can thrive.



Greater Rochester Health Foundation | 255 East Ave, Suite 402, Rochester, NY 14604

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