



PLTI Resource Document:

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Housing / Food:

*211 Life Line

LifeLine.org

Dial 2-1-1 or call (877) 356-9211

For immediate assistance, call 211 Life Line. They can help individuals find housing, food resources, and crisis services.

*Library Resource Outreach Center (LROC)

libraryresourceoutreachcenter@gmail.com

(585) 428-8110

LROC Hours:

Tuesdays 1 – 3 pm

Wednesdays 10 am – 12 pm

Thursdays 1 – 3 pm

Fridays 1 – 3 pm

Located on the 3rd floor of the Bausch & Lomb Public Library Building, LROC can help individuals access resources such as housing, food, clothing, income, care management, and medical care.

Bureau of Housing and Support Services (BHSS)

www.otda.ny.gov/programs/housing

(518) 473-1090

The BHSS is part of the Office of Temporary and Disability Assistance. The BHSS offers services for individuals who are homeless and low-income households that are at risk. The programs are designed to prevent homelessness, provide shelter for the homeless, construct supportive housing for the homeless and offer essential services to stabilize housing situations and increase levels of self-sufficiency.

Visit www.otda.ny.gov/programs/housing/providers to find agencies that provide BHSS services in the Greater Rochester Area.

Employer Assisted Housing Initiative

www.cityofrochester.gov/employerassisted.aspx

homebuyer@cityofrochester.gov

(585) 428-6888

The Employer Assisted Housing Initiative Program provides an incentive for private employers to encourage their employees to purchase homes in the City of Rochester. Employers provide a minimum \$1,000 benefit to employees who are purchasing a home in the City of Rochester. The City of Rochester will match the employer benefit dollar-for-dollar up to \$3,000. Applications and a list of participating employers can be found on the City of Rochester website.

Flower City Habitat for Humanity

www.rochesterhabitat.org

(585) 546-1470

The Habitat Homebuyer Program consists of sweat equity, educational classes, and community service – all designed to prepare people for homeownership. Eligibility is based on ability to pay, demonstration of need, and willingness to partner with Flower City Habitat for Humanity. Income-based repair services are also available. Upcoming housing projects and applications can be found on the organization's website.

Home Purchase Assistance Program (HPAP)

www.cityofrochester.gov/HOMEBUYER

homebuyer@cityofrochester.gov

(585) 428-6888

The City of Rochester's Home Purchase Assistance Program Grant (HPAP) provides down payment and

closing cost assistance to first-time buyers who meet program requirements. Grants of up to \$3,000 are available for closing cost assistance to first-time buyers who are income eligible. Applications are available on the City of Rochester website.

HOME Rochester

www.homerochester.org

(585) 423-6320

HOME Rochester provides low and moderate-income first-time homebuyers an opportunity to own a home by rehabilitating vacant properties in the City of Rochester. Homebuyers must be able to qualify for a conventional, fixed rate mortgage and contribute a minimum of \$1,500 of their own money toward the purchase of the home. This program can be combined with the City of Rochester's Home Purchase Assistance Program. Visit the HOME Rochester website to apply or to browse houses currently available for purchase.

Housing Council at PathStone

www.thehousingcouncil.org

(585) 546-3700

The Housing Council is one of New York State's largest HUD-approved comprehensive housing counseling agencies and provides landlord education, foreclosure prevention, pre-purchase counseling, emergency housing services, and fair housing education.

***Due to the covid-19 pandemic, all services are being offered remotely**

Monroe Housing Collaborative

www.monroehousingcollaborative.org

(585) 445-5699

The Monroe Housing Collaborative is a network of local nonprofit agencies working to find integrated, affordable housing in Monroe County for people with disabilities.

***Due to the covid-19 pandemic, the Monroe Housing Collaborative is not accepting new referrals at this time**

NYS Homes and Community Renewal (HCR)

hcr.ny.gov

Office of Rent Administration: **(833) 499-0343**

HCR develops, preserves, and protects affordable housing and invests in economically vibrant communities. They work with many private, public, and nonprofit partners to create safe, healthy and affordable housing opportunities for all New Yorkers. Services include the State of New York Mortgage Agency (SONYMA), the New York State Homeowner Assistance Fund, and the Office of Rent Administration.

NYS Office For People With Developmental Disabilities Housing Services

opwdd.ny.gov/types-services/housing

(866) 946-9733

Dial **7-1-1** to reach New York Relay for people who are hard of hearing or who have a speech disability OPWDD provides support for people with disabilities to live at home or in a home in the community so they can be as independent as possible. The office has different programs to help people find housing depending on their needs, from independent living with assistance to group homes.

Person Centered Housing Options

<https://pcho.org/>

(585) 736-4663

An innovative not-for-profit organization whose mission is to address, prevent, and alleviate chronic homelessness within Monroe County New York and surrounding communities using the housing first model.

Providence Housing Programs

providencehousing.org/programs

(585) 529-9555

Providence Housing offers many housing programs for people with different needs. Providence offers permanent supportive housing and temporary emergency housing programs for individuals and families experiencing homelessness, including programs specifically for veterans, people with disabilities, and seniors.

Regional Center For Independent Living Homeownership Program

www.rcil.org/page/services/homeownership

(585) 442-6470

RCIL offers a first-time homebuyers program which helps individuals with diverse disabilities towards the goal of home ownership. Their plan helps people throughout the entire process, from grant applications to closing proceedings. To qualify for a mortgage and grants participants must have a base household income of \$1,600 per month with no large debts.

Rochester Housing Authority Services

www.rochesterhousing.org

Section 8 / Leasing Operations: **(585) 697-6105**

Public Housing Application Inquiries: **(585) 697-7180**

General Inquiries: **(585) 235-0447**

The services provided by the Rochester Housing Authority include public housing, rental assistance programs, resident services, and home ownership programs. These programs are subsidized by the U.S. Department of Housing and Urban Development (HUD). Programs are available for Section 8 participants and low-income individuals who meet eligibility requirements.

Veterans Outreach Center (VOC)

veteransoutreachcenter.org

(866) 906-VETS (8387)

The VOC offers a comprehensive portfolio of supportive services designed to meet the needs of veterans and their families. In addition to employment assistance, legal counseling, and supportive services, the VOC has a residential community, which includes emergency shelter, transitional, supportive, and independent living. Veterans and their families can apply for housing and request other services on the VOC website.

Local Shelters:

[Open Door Mission](#) at 56 N Plymouth Avenue is reducing the number of guests in the dining room during meal service by implementing a “Grab & Go” system. For more information call (585) 454-6696.

[St. Joseph’s House of Hospitality](#) at 402 South Avenue provides sandwiches and packed lunches. For more information please call 585-232-3262.

[Cameron Community Ministries](#) at 48 Cameron Street provides lunch to go Monday-Friday from 12 – 1:30 p.m. Sunday Dinner is closed until further notice. For more information please call 254-2697.

[Dimitri House](#) at 102 North Union Street serves individuals and families living in zip codes 14604, 14605, 14607, and 14609 once every 30 days by appointment. No referral is necessary. Please call 585-325-1796 to schedule an appointment.

[St Peter’s Kitchen](#) at 681 Brown Street provides lunches to go Monday-Friday from 12 – 1:15 p.m. For more information, please call 585-235-6511.

Emergency Housing

1. **Volunteers of America** Upstate New York www.voaupny.org 214 Lake Avenue, Admin Building C, Rochester, NY 14608 585-647-1150
2. **Salvation Army** www.rochesterny.salvationarmy.org 70 Liberty Pole Way Rochester, NY 14604 (585)987-9540
3. **Open Door Mission** (Men's Shelter) www.opendoormission.com 156 N Plymouth Ave, Rochester, NY 14614 (585)454-6696

Eviction Assistance

1. **Monroe County Legal Assistance** www.monroecounty.gov 1 W. Main Street Rochester, NY 14614 (585)325-2520
2. **Legal Aid Society** www.lasroc.org 1 W. Main Street Rochester, NY 14614 (585)232-4090
3. **Salvation Army** www.rochesterny.salvationarmy.org 70 Liberty pole Way (585)987-9540

Food Programs

1. **The Community Food Cupboard** www.rochesterfoodcupboard.org 11 Nester Street, Rochester, NY 14621 (585)325-4990 Provides emergency, senior and long-term family food baskets.
2. **Women, Infants and Children (WIC) Supplemental Nutrition Program** <https://www.health.ny.gov/prevention/nutrition/wic/> 273 Upper Falls Blvd. Rochester, NY 14605 (585)454-2630 WIC offers nutrition education, breastfeeding support, referrals and a variety of nutritious foods to low-income pregnant, breastfeeding or postpartum women, infants and children up to age five to promote and support good health.
3. **Family Restoration Project** www.newlifeministries.org 360 Wellington Avenue Rochester, NY 14619 (585)436-0085 FRP empowers individuals to lead stable and responsible lives. To provide positive intervention within the family structure and bridge the gap between basic physical, emotional and spiritual needs. We also provide emergency food services to identified families within the Southwest Community of Rochester NY.
4. **Church of Love** www.colfc.org 700 Exchange Street Rochester, NY 14608 (585)454-3270 Limited hours – Monday 10 am – 12 pm and Friday 6 – 7 pm. Services area not limited. No referrals required for women and children. ID and verification of address required.
5. **Bethany House** 169 St. Bridget's Drive (585)454-4197 Serving women and children only. Service area is not limited. Monday can receive services once per month. Must bring proof of address, income and ID's for family.
6. **St. Peter and Paul's Kitchen** <http://stpeterskitchen.org/> 681 Brown Street Rochester, NY 14611 (585)235-6511
7. **Open Door Mission** www.opendoormission.com 210 West Main Street (585)454-6696 Mon-Sat 8pm/Sun 7pm
8. **Cameron Community Ministries** www.cameronministries.org 48 Cameron Street Rochester, NY 14606 (585)254-2697 Food Pantry Tuesday-Friday 9:00-11:00 by apt only. Can call or go in person to make appt. ID for all family members required.

Childcare:

1. **Action for a Better Community Head Start Programs** www.abcinfo.org Administrative Offices - 49 Stone Street Rochester, NY 14605 (585)454-2332 Early Childhood Education for children ages 1-5 years at 6 centers throughout the City of Rochester.

2. **Western New York Childcare Council, Inc.** www.childcarecouncil.com 595 Blossom Rd. Rochester, NY 14610 (585)654-4720 Resources and referral service to help parents find childcare information about local preschools, daycare centers and family daycare providers. Training for potential childcare providers. Fees: none.

Foster Care Information:

Catholic Family Center Unaccompanied Refugee Minor Program

Services Provided: Unaccompanied Refugee Minor Program serves youth served coming from all over the world, without parents/family and fleeing war, persecution, abuse, neglect, gang violence, trafficking. Specialized training and support for people interested in becoming foster parents for this unique population. Information meetings are held monthly.

- **Address:** 87 N Clinton Ave, Rochester, NY 14604
- **Phone:** 585-546-7220 ext 4508
- **Website:** www.cfcrochester.org

Cayuga Centers

Services Provided: Treatment Family Foster Care program that works with hard-to-place youth who cannot stay at home but do not do well in group settings. At Cayuga Centers, these youth are placed with highly trained and supported treatment foster parents. Foster parents and youth work with a team of specialists to meet the goals of changing negative behaviors and developing positive ones. Cayuga Centers offers two Treatment Family Foster Care programs: Central New York and New York City. Each location has an ongoing recruitment program for foster families.

- **Contact Person:** Chris Schell
- **Address:** 101 Hamilton Ave, Auburn, NY 13021
- **Phone:** 315-253-5383 x 303
- **Email:** chris.schell@cayugacenters.org
- **Website:** <http://cayugacenters.org>

Hillside Children's Center Monroe County Region

Services Provided: Multi-service agency based in Rochester, NY providing long-term and short term therapeutic foster care services in 20 NYS counties. Rochester office serves Monroe, Ontario, Wayne, and Yates counties. Pre-certification training and home study takes 3-6 months. Emphasis placed on working with birth families. Foster families receive weekly visits from FP support team, 24 hour on-call support and respite services. Also provides infant, international, and special needs adoptions services.

- **Address:** 1337 E Main St, Rochester, NY 14609
 - **Phone:** 585-256-7500
 - **Email:** info@hillside.com
 - **Website:** <http://www.hillside.com/FosterCare.aspx>
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Monroe County Department of Human Services

Services Provided: 30-hour MAPP course held 9X a year. Evenings once a week for 10 weeks, Orientation/Information meetings first Tuesday of every month at Monroe Comm. Hospital. Home visit and income verification required prior to enrollment. Need families for teens and siblings groups. Adoption unit refers to HF for training, priority is foster care but will work with families interested in waiting kids. Have Spanish speaking staff to assign to Spanish speaking families and may run Spanish language class if sufficient interest expressed. Contact the agency for further information.

- **Contact Person:** Mary Schiller
- **Address:** 111 Westfall Rd. #442, Rochester, NY 14620
- **Phone:** 585-753-6468
- **Email:** mary.schiller@dfa.state.ny.us
- **Website:** <http://www.monroecounty.gov/hs-index.php>

Education:

There are many local government agencies and nonprofit groups working to educate children and adults in our community. The organizations listed below focus on critical work relating directly to the indicators presented here. Groups are listed by the sub-headings used in the "Topic Indicators" section.

School Readiness

An annual [assessment of school readiness](#) is performed by the Children's Institute. This work is part of the Rochester Early Childhood Assessment Partnership, which analyzes our area's early childhood system from the perspective of the child, the classroom and the parent-family environment.

Academic Achievement

The [New York State Department of Education](#), under the guidance of the Board of Regents, seeks to raise the knowledge, skill and opportunity of all the people in New York. The Department oversees a wide range of educational functions. One service is the development and maintenance of [school report cards](#) for each public and charter school and each school district in the state.

[Local school district information](#) can be found through the links provided by the New York State Education Department. For Wayne, Ontario, Seneca, and Yates Counties, additional school district information is available through the [Four County School Boards Association](#). Information on Rochester city schools can be found through the [Rochester City School District](#).

Boards of Cooperative Educational Services, or BOCES, provide shared educational services to most school districts in the state. These services are provided through 37 regional boards. The BOCES districts serving the greater Rochester area include:

- [Monroe 1](#), which serves the eastern suburbs of Monroe County.
- [Monroe 2](#), which serves the western suburbs of Monroe County, plus the Kendall and Holley school districts in Orleans County.
- [Genesee Valley](#), serving Genesee, Livingston, Wyoming and Steuben counties.
- [Orleans-Niagara](#), serving Orleans County (except Kendall and Holley), as well as Niagara County.
- [Wayne-Finger Lakes](#), which serves Wayne, Ontario, Seneca and Yates counties.

Currently, BOCES membership is not open to the "Big Five" city school districts: New York, Buffalo, Rochester, Syracuse and Yonkers.

The [Hillside Work-Scholarship Connection](#) combines part-time employment opportunities with comprehensive support services to encourage at-risk urban youth to remain in school and improve their academics. The program, in operation since 1987, reports that its participants are twice as likely to graduate high school as their peers, and 80% of the graduates go on to college.

Library Systems Available

- [Genesee County Library System](#)
- [Livingston County Library System](#) (Pioneer Library System)
- [Monroe County Library System](#)
- [Ontario County Library System](#) (Pioneer Library System)
- [Orleans County Library System](#)
- [Seneca \(Finger Lakes Library System\)](#)

- [Wayne County Library System](#) (Pioneer Library System)
- [Wyoming County Library System](#) (Pioneer Library System)
- [Yates \(Southern Tier Library System\)](#)

The [Pioneer Library System](#) is a New York State chartered, cooperative public library system serving the forty-two public libraries in Ontario, Wayne and Wyoming and Livingston counties. One of 23 public library systems in New York State, it was created to enhance the service of and promote cooperation among its member libraries.

Public Support for Education

Local efforts to encourage and enhance public support for education include the following:

- The [Rochester Education Foundation](#) strives to provide resources to improve learning and success for all Rochester public school students through the cultivation of partnerships between education, business and the community. The foundation has collected money, books and other items from businesses and individuals to distribute to schools and students. Other programs include annual education recognition awards and "Kidbridge," which links city and suburban schools for mutual learning, support and idea-sharing.
- [Monroe County Education Coalition](#) is a partnership of local organizations advocating for public education, particularly for adequate funding.
- The [Monroe County School Boards Association](#) provides links to a comprehensive listing of local, state and national organizations supporting education. The [links](#) include sections for advocacy, governments, and research organizations.

Student Success Project is composed of parents (myself and two other PLTI grads) experienced in helping families pursue their children's educational success- in special education and general education. We provide monthly parent/family zooms, a monthly in person fellowship opportunity for parents to share questions/ concerns and offer suggestions and information, and a public Facebook group for virtual connection and informational support. We seek to activate parents to advocate for high quality education for their children and, if they have the capacity, connect them with other parents in need of guidance and informational support. tcarney@studentsuccessny.org

READY Vision:

Our vision is for every student in Rochester to have access to a great school.

Website: <https://ready4schools.org/>

Email: info@ready4schools.org

B.E.R.R

B. E. R. R.'s Foundational Mission Statement:

To Build up the people, we must do so with a dedication to family engagement, and Education while encouraging the Rise, and positive communal wellbeing, Restore growth, advancement, and stability to, and for all!

The vision of The Infinite Mind's Learning Pods is to sustain a well-rounded supplemental out-of-school that provides an enriching learning environment, that dispels trauma, imparts strong morals, while encouraging the development of educational success, life skills, and post-secondary success while fostering positive self-efficacy and development.

Contact: Pods(the classroom) (585) 360-2398, Intake +1 (866) 222-6250 can text line Infinite Mindz Learning Pods @ BERR

Director's Line ext 2076

Website

<https://sites.google.com/berr.life/home/home>

Email:

berr.rochester@gmail.com

Contact Form:

You can find my form "Contact Us Form" at: <https://form.jotform.com/220436333494151>

Special Education:

Parents as Pals, Blog with resources, <https://www.specialeducationtoday.com/p/parents-as-pals>

Monroe County Early Intervention, <https://www.monroecounty.gov/hdchild-ei>, 585 753-KIDS (585 753-5437) Babies and toddlers learn and grow in different ways. Some need a little extra help.

This is where Early Intervention comes in. Working with our community partners, we provide many different services to support kids from birth to age three -- at no cost to parents. We help children develop:

- Physical skills like **crawling, walking, reaching** and **drawing**.
- Thinking skills like **learning** and **solving problems**.
- Communication skills like **talking, listening** and **understanding**.
- Doing things on their own, like **eating** or **getting dressed**.
- Social and emotional skills, like **making friends** and **playing with others**.

If you think your child needs additional support in any of these childhood development areas, Early Intervention might be right for your family.

Parents Helping Parents, <https://www.parentshelpingparentsmonroe.com/>, Our mission is to support families caring for children with intellectual and developmental delays and disabilities to navigate some of the early challenges, including seeking and/or receiving a new diagnosis and securing crucial supports, such as early intervention and preschool special education services. It takes a village, and no one should have to walk this journey alone. We are here for you.

IBERO, <https://www.iber.org/>, 585-256-8900, information@iaal.org

Ibero, a dual language multi service agency that uplifts, empowers, and advocates for Latinos and the underserved to achieve equity and become fully valued community members.

Starbridge, <https://starbridgeinc.org/>, 585-546-1700 or 1-800-650-4967 (in NYS)

Partnering with individuals who have disabilities and their families to achieve success in education, employment, and healthy living. Together we transform communities to include everyone.

Legal Aid, <https://www.lasroc.org/>, 585-232-4090

HIGHLY QUALIFIED AND ZEALOUS ATTORNEYS & ADVOCATES

Ensuring dignity, equality, and fairness to those who need it.

Dyslexia Allies of Wester New York, <https://www.facebook.com/DyslexiaAlliesWNY/> Dyslexia Allies of WNY is a parent lead group that raises awareness about dyslexia, informs families to better support their children, and advocates for evidence based instruction for all students in New York State. There are 5 co-leaders total-- 3 from the Rochester area (I'm one), 2 from the Buffalo area. Attached is a flier. We have a Facebook page and host monthly parent talk zooms for parents to support other parents. Open to all parents/ family members who have children/ grandchildren who struggle with reading and writing.

dyslexiarochester@gmail.com.

Dyslexia Alliance for Black Children, <https://www.dyslexiaallianceforblackchildren.org/>

Parent to Parent, <https://www.ptopnys.org/> 1-800-305-8817

Parenting Village, <https://www.parentingvillage.org/> connect@parentingvillage.org

We are committed to supporting parents and caregivers as they navigate parenthood.

AutismUp, <https://autismup.org/>, 585-248-9011

AutismUp aspires to provide the very best in autism support programs and services in the Greater Rochester and surrounding areas and aims to support peak performance at every age and ability.

Local Early Intervention Community Council: LEICC website <https://www.monroecounty.gov/hdchild-ei-parents-leicc> and includes the membership form.

Childrens Advocacy:

The Childrens Agenda, <https://thechildrensagenda.org/> (585) 256-2620

The Childrens Institute, <https://www.childrensinstitute.net/>, (585) 295-1000

Schuyler Center for Policy, <https://scaany.org/>

CCC New York, <https://ccnewyork.org/>

Lift Off Western New York, <https://liftoffwny.org/>

PLAC RCSD, <https://www.facebook.com/rcsdplac/>

Mental Health:

1. **Life Line, Health Association of Rochester and Monroe County** www.monroecounty.gov One Mt Hope Avenue Rochester, NY 14620 (585)275-5151 *24 hours/day Telephone crisis line for all emergency and non-emergency mental health, medical, and human service issues. Link to all services in the country, including poison control, mental health suicide, alcohol and drug abuse for teens. Fees: none.

2. **Catholic Family Service of Rochester** www.cfcrochester.org 87 N. Clinton Avenue Rochester, NY 14604 (585)232-1840 Individual and family counseling on topics including marital problems, family relations, stress, loss of a loved one, sexual, child abuse and alcoholism, and teen pregnancy. Support groups for a variety of topics. Fees: sliding scale, accept Medicaid.

2. **Strong Behavioral Health** 300 Crittenden Boulevard Rochester, NY 14642 (585)275-3535 www.urmc.rochester.edu Diagnosis and treatment for all mental health issues for all ages. Inpatient and outpatient services, group therapy, discussion groups, and support services. Fees: sliding scale, Medicare/Medicaid.

Youth Services and Parenting Support

1. **The Center for Youth Services** 905 Monroe Avenue Rochester, NY 14620 (585)271-7670 www.centerforyouth.net Crisis intervention and counseling services for children ages 12-20. Topics include sexuality, drug and alcohol abuse, school-related problems, personal problems, divorce and suicide. Family individual, and group counseling, short-term housing, advocacy, and support groups. Fees: none.

2. **Boys and Girls Club of Rochester** www.bgcrochester.org 500 Genesee Street Rochester, NY 14611 (585)328-3077 Programs for ages 6-18, including employment and job seeking skills, tutoring in a variety of academic subjects and physical education. After school programs, day camps and holiday programs. Fees: \$10.00
3. **Society for Protection and Care of Children** www.spcc-roch.org 148 South Fitzhugh Street Rochester, NY 14608 (585)325-6101 SPCC's provides the best opportunities for a bright future by

partnering with children and their families, advocating for their health, well-being and safety, and working to heal and strengthen relationships.

4. **Villa of Hope** <https://www.villaofhope.org/> (585) 865-1550 Villa of Hope partners with individuals, families and communities to **Rebuild** relationships, **Recover** potential, and **Renew** hope for the future. Villa of Hope will advance equity by transforming the social foundations of our neighbors, elevating lifelong health outcomes for our community. **Relationships** based on **Caring, Hope** and **Respect** are the foundation of our efforts.

Legislative:

Monroe County Legislature Representatives:

<https://www.monroecounty.gov/legislature-legislators>

New York State Senate Representatives:

Samra Brouk 55th District - 585-223-1800 - brouk@nysenate.gov

Jeremy Cooney 56 District - (585) 225-3650 - cooney@nysenate.gov

Robert Ortt 62nd District – 716-434-0680 - Ortt@nysenate.gov

Pam Helming 54th District - 315-568-9816 - helming@nysenate.gov

New York State Assemblymembers:

Demond Meeks 138th District - [585-454-3670](tel:585-454-3670) - meeksd@nyassembly.gov

Jen Lunsford 135th District - 585-223-9130 - lunsfordj@nyassembly.gov

Sarah Clark 136th District - [585-467-0410](tel:585-467-0410) - clarks@nyassembly.gov

Josh Jensen 134th District - [585-225-4190](tel:585-225-4190) - jensenj@nyassembly.gov

Harry Bronson 138th District - [585-244-5255](tel:585-244-5255) - bronsonh@nyassembly.gov

Brian Mantelow 130th District - [315-946-5166](tel:315-946-5166) - manktelowb@nyassembly.gov

Steve Hawley 139th District - [585-589-5780](tel:585-589-5780) - HawleyS@nyassembly.gov

Marjorie Byrnes 133rd District - [585-218-0038](tel:585-218-0038) - byrnesm@nyassembly.gov

New York State Senators:

Charles Schumer - [585-263-5866](tel:585-263-5866) - Scheduling_schumer@schumer.senate.gov

Kirsten Gillibrand - (585) 263-6250 - kirsten_gillibrand@gillibrand.senate.gov

Congressional Representative:

Joe Morelle 25th District - (585) 232-4850 - <https://morelle.house.gov>

OPWDD:

<https://opwdd.ny.gov/children-families>

People Inc., <https://www.people-inc.org/>, 585.441.9300, People Inc. exists so that people with disabling conditions or other special needs have the supports they need to participate and succeed in an accepting society. People Inc. is working toward a future where all persons whose needs limit their integration into the community can reach their highest level of human potential as responsible members of society. It is hoped that people will, to their potential, be contributing and active members in their communities, enjoying the greatest possible degree of independence and acceptance, in all aspects of their lives.

Catholic Charities, <https://ww2.fcscharities.org/services/intellectual-developmental-disabilities/> (585) 339-9800

Where independence and community come together.

Delivering residential, vocational, and community services that foster the inclusion and independence of people living with developmental disabilities.

People living in our certified residential sites and in their own homes learn daily living skills and access needed financial assistance for family recreation, activities and transportation.

IBERO, <https://www.iber.org/>, 585-256-8900, information@iaal.org

Ibero, a dual language multi service agency that uplifts, empowers, and advocates for Latinos and the underserved to achieve equity and become fully valued community members.

Heritage Christian, <https://heritagechristianservices.org/>, (585) 340-2000

Heritage Christian Services, established in 1984, strives to advance an inclusive and equitable community. Based in western New York, with concentrations in the Rochester and Buffalo Niagara regions, we're innovating and expanding as the needs of our community grow.

Lifetime Assistance, <https://www.lifetimeassistance.org/>, 585.426.4120

At Lifetime Assistance, we offer a full spectrum of residential, vocational and support services throughout the Greater Rochester area and beyond to empower individuals with intellectual and developmental disabilities.

ARC of Monroe, <https://arcmonroe.org/mission-vision-values/>, (585) 271-0660

To create an inclusive society where the people we support may live truly integrated lives and reach their full potential as a part of our community.

Al Sigl Center, <https://www.alsigl.org/>, 585.442.4100

Al Sigl is a collaborative community network that provides high-quality, cost-effective real estate and business services, while fostering community awareness and philanthropic support to a growing array of nonprofit organizations that serve children and adults with disabilities® and special needs.

Epilepsy Foundation, <https://www.epiny.org/>, (585) 442-4430

For more than forty years, EPI has provided personalized care, education, training, advocacy, and support solutions to meet the needs of people with developmental disabilities, epilepsy, and brain injury. We have an enduring legacy of partnering with those we serve and with their families.

EPI was founded by parents who could not find the services they needed for their children. With dedication, courage, and creativity, these families built a better world for their loved ones.

We share our founders' indomitable drive to put first the needs and the dreams of the people we support.

With more than 900 employees, we now provide comprehensive services in over 22 counties in Upstate New York, from the Finger Lakes and Western NY to the Southern Tier and Central New York regions. What distinguishes EPI is our focus on offering progressive, tailored care solutions to people with developmental disabilities, epilepsy, and brain injury. We are proud of our agility in adopting innovative service models that better meet the needs of the people we support to improve their health, wellbeing, independence, and social inclusion. We are passionate about doing the right thing. We work hard to earn the trust of the people we support and their families. And we are committed to empowering people with disabilities to reach their individual goals and aspirations, and to live their lives to the fullest.

CDS Monarch, <https://cdslifetransitions.org/cds-monarch/>, (585) 341-4600

In 1977, a group of parents came together with the common goal to ensure quality services would always be available for their children, no matter their ages. Today, CDS Monarch has grown to fulfill the needs of more than 1,700 people with developmental disabilities and their families.

Autism Up, <https://autismup.org/>, 585-248-9011

AutismUp aspires to provide the very best in autism support programs and services in the Greater Rochester and surrounding areas and aims to support peak performance at every age and ability.

Abuse/Assault:

1. **Willow Domestic Violence Center** www.willowcenterny.org Rochester, NY 14604 (585) 222-SAFE (7233) *24-hour hotline Willow Center provides a full-continuum of free and confidential services, including: 24/7 Crisis and Support Hotline, Short-term Counseling, Court Accompaniment, 40-bed Emergency Shelter, Children's Programming, Prevention Education & Training

2. **RESTORE** - Rape Crisis Services of Planned Parenthood www.plannedparenthood.org/planned-parenthood-central-western-new-york/restore 114 University Avenue Rochester, NY 14605 (585) 546-2777 *24 hour hotline Services include: Crisis intervention for sexual assault survivors and their significant others, Short-term counseling (six to eight sessions), Support through medical examinations and treatment, Advocacy and support during interaction with law enforcement, Court accompaniment, Individual consultations with professionals, Community education programs and Professional training programs

3. **Monroe County Adult / Elder Abuse** <https://www.monroecounty.gov/hs-adult> **585-753-6532**
After-hours emergencies: 585-461-5698

Adult Protective Services (APS) is a state mandated program provided without regard to income to assist vulnerable adults in our community. Services are aimed at maintaining individuals in the community as long as possible.

APS clients are among the most vulnerable and neglected members of the community: the frail elderly, the mentally ill, persons that are developmentally challenged, those suffering acute and chronic physical illness, dementia or other conditions associated with aging and mental or physical handicaps. Persons are eligible for APS as long as they meet the following criteria:

- are 18 or older and have a physical or mental impairment.
- are unable to protect themselves from abuse, neglect, financial exploitation or other harm.
- have no one available who is willing and able to assist responsibly.

Children's Abuse Services:

Bivona Childrens Center <https://www.bivonacac.org/> (585) 935-7800 Bivona Child Advocacy Center delivers excellence in child abuse response, healing and prevention through collaborative service, awareness, education and leadership. Our streamlined approach partners [Child Protective Services, law enforcement, prosecutors, medical professionals, therapists, advocates, and volunteers](#) under one roof, and preserves the best evidence for investigators. Children tell their truth to a highly trained forensic interviewer, get one medical exam, meet with a therapist and connect to a victim advocate. Team members work together to provide the child and family the support services they need—all the way through trial and beyond.

Monroe County Child Protective Services <https://www.monroecounty.gov/hs-child> 585 753-6998

Child Protective Services is organized into three sections:

1. **Child Protective Services Intake/After Hours**
Provides 24 hour services to the Monroe County community to investigate reports of suspected child abuse or neglect.
2. **Child Protective Services Investigation**
Investigates reports of suspected child abuse or neglect and provides immediate services to families to resolve short-term child abuse or neglect problems.
3. **Child Protective Services Management**
Provides respectful, strength-based, and culturally competent case management and supportive services to children and their families. Safety, permanency, and well-being are the main focus of these teams, who work to support the right of each child to a lasting, safe, and nurturing environment where he or she can develop secure attachments and a sense of belonging. Some of these families have children in foster care, some have children court-placed with relatives, and others have children at home under MCDHS supervision.

Business Resources

Local City & County Resources

[City of Rochester](#): Business Loans, Services, and Grants

[Greater Rochester Chamber of Commerce](#): Corona Virus Planning Resources

[Kiva Rochester](#): Working capital loans at 0% to hold your small business over. KivaRoc Hotline available Monday-Friday 2-4 p.m. Call or Text 585-210-0573 to schedule a chat.

[The Community Foundation](#): COVID-19 related resources for non-profits and small businesses

NYS Resources

[The Business Council](#): NYS Corona Virus Paid Sick Leave

National

[Small Business Administration](#): Economic Injury Disaster Loans

AVOID BUSINESS SCAMS AND FRAUD: The Small Business Administration (SBA) does not initiate contact on either 7a or Disaster loans or grants. If you are proactively contacted by someone claiming to be from the SBA, suspect fraud.

If you are contacted by someone promising to get you approved for a Small Business Administration (SBA) loan, but requires any payment upfront or offers a high-interest bridge loan in the interim, suspect fraud. If you have a question about getting an SBA disaster loan, call 800-659-2955 or send an email to disastercustomerservice@sba.gov.

If you are in the process of applying for a Small Business Administration (SBA) loan and receive email correspondence asking for personal identifying information (PII), ensure that the referenced application number is consistent with the actual application number. Any email communication from the SBA will come from accounts ending with **sba.gov**. The presence of an SBA logo on a webpage does not guarantee the information is accurate or endorsed by the SBA. Please cross-reference any information you receive with information available at www.sba.gov.

[Federal Emergency Management Agency](#): News Releases

[Operation HOPE](#): Virtual Financial Recovery Support to Individuals and Small Businesses Affected by COVID-19

[USA.gov](#): Financial Assistance after a Disaster

[US Chamber of Commerce Foundation](#): Coronavirus Response Resources

[Paul Weiss COVID-19 Relief Center](#): National and state resources

[Paycheck Protection Program](#): The newly launched federal Paycheck Protection Program is a loan designed to provide a direct incentive for small businesses (including nonprofits) to keep their workers on the payroll. The U.S. Small Business Administration (SBA) will forgive loans if all employees are kept on the payroll for eight weeks and the money is used for payroll, rent, mortgage interest, or utilities.

Unemployment & Job Seekers

Local Resources

[Job Portal for Essential Businesses and Job Seekers](#)

[RochesterWorks!](#): COVID-19 resources.

State Resources

[Unemployment Insurance Benefits](#): Updated FAQs

[How to file a claim for unemployment benefits](#)

[File a claim now](#) *^

*Important – If you are filing a new Unemployment Insurance claim, the day you should apply is based on the first letter of your last name.

A – F file on Monday | G – N file on Tuesday | O – Z file on Wednesday

Missed your day? File on Thurs-Fri-Sat

Any claim you file will be backdated to the date you became unemployed. If you are eligible, you will be paid for all benefits due.

^ Important – It is necessary to have a [NYS ID](#) to file for unemployment online.

[Federal CARES Act- What you need to know and Do](#)

- [Pandemic Unemployment Assistance \(PUA\) Checklist](#)
- [Unemployment Insurance \(UI\) benefits and Pandemic Unemployment Assistance \(PUA\) Flowchart](#)
- [Unemployment Insurance \(UI\) benefits and Pandemic Unemployment Assistance \(PUA\) What you need to know](#)

National Resources

[Indeed](#): Find a virtual job fair

[LinkedIn](#): Job search.

Avoiding Fraud & Scams

Times of crisis often bring out the best in people. Unfortunately, for others, they see it as an opportunity to take advantage. To protect yourself, make sure you get your news and information from reputable outlets and remember the adage “if it seems too good to be true...” Before making any important decisions be sure to consult with a trusted friend, family member, your physician, or your financial advisor.

[Federal Trade Commission](#): Coronavirus Scams: What the FTC is Doing

[United States Department of Justice](#): Coronavirus (COVID-19)

[United States Department of Health and Human Services Office of the Inspector General](#): COVID-19

Fraud Alerts

National Center for Disaster Fraud Hotline: Call 866-720-5721 or email disaster@leo.gov to report any fraud related to COVID-19 virus (Coronavirus)

[Federal Communications Commission](#): COVID-19 Consumer Warnings and Safety Tips

[Better Business Bureau](#): Tips on COVID-19

[Consumer Finance Protection Board](#): Beware of Scams Related to the Coronavirus

[New York State Attorney General](#): Guidance on Coronavirus Resources and Warnings about Consumer Scams

[United States Department of Health and Human Services](#): Fraud Alert: COVID-19 Scams

[Federal Bureau of Investigation](#): FBI Urges Vigilance During COVID-19 Pandemic

[National Health Care Anti-Fraud Association](#): COVID-19 Anti-Fraud Resources

[Federal Emergency Management Agency](#): Coronavirus Rumor Control

Financial Literacy Resources

[Rochester Financial Empowerment Center](#): Free one-on-one financial counseling for all residents of Monroe County. To speak to a counselor please call 585-252-7110.

[Consumer Credit Counseling Service of Rochester](#) is a non-profit organization that has helped hundreds of thousands of individuals and families deal with financial difficulties. Certified professionals provide confidential counseling, educational services and other solutions enabling clients to meet their financial goals. Customer service lines are open from 9a-5pm Monday through Friday and our counselors are available Monday-Thurs 8a-8p, Friday 8a-5p. Please call (585) 546-3440.

[360 Degrees of Financial Literacy](#) from the American Institute of CPAs: Money Minutes. An interactive video series to help improve your personal finance know-how in just minutes. During each session, you'll hear straight from professional CPAs on topics like budgeting, saving and managing debt, and then complete a short quiz at the end to test your new knowledge.

[FINRA Investor Education Foundation](#): Investor Education Library

[Thinking Money](#): The Psychology Behind Our Best and Worst Financial Decisions. (on local PBS station, WXXI). Host Dave Coyne leads viewers through an exploration of what behavioral economics reveals about why we spend, save (or don't save) and the way we think about money. Dave meets with innovative thinkers who mix economics with psychology. Their experiments and insights into our financial behavior teach us to recognize how our brains and the marketplace can trick us into spending money we shouldn't.

[Thinking Money](#): Practical Solutions. As a follow up program to the successful national release of the documentary Thinking Money: The Psychology Behind our Best and Worst Financial Decisions, MPT created a community event and produced a new program to expand upon the lessons learned from the original documentary.

[Operation Hope](#): COVID-19 Disaster Response. Operation HOPE is a for-purpose organization working to disrupt poverty and empower inclusion for low and moderate-income youth and adults. Call their HOTLINE: 1- 888-388-HOPE (4673) or [REGISTER](#) for Virtual Financial Recovery Coaching

[TD Ameritrade](#): Videos for beginning to experienced investors.

Online Educational Opportunities

Are you sheltering in place and want to make the most of your time? Have you always wanted to take a course on the pyramids of Giza, or macroeconomics? These online courses are free and cover a wide array of topics; there is something for everyone.

All Topics

[eCornell Keynotes](#): Be Informed. Be Inspired. Experience the Best of Cornell, Live and On Demand.

[Coursera](#): Coursera collaborates with 190+ leading universities and companies

[edX](#): As a global nonprofit, edX is transforming traditional education, removing the barriers of cost, location, and access. Course content includes urban planning, civil engineering, and data science.

[MIT Open Learning Library](#): Includes coursework on urban planning and design, management, and more.

[Harvard University Online Courses](#): Select "free" in the price tab.

[Open Culture](#): Free culture and education media.

Business Specific

[SCORE \(Service Corps of Retired Executives\) Courses on Demand](#): From brand development to creating a profit and loss statement, and everything in between.

[Gartner](#): Webinars from a leading research and advisory company.

[EntreSkills](#): Online courses in entrepreneurial education sponsored by the NYS Small Business Development Center International Trade Council: The ITC is an internationally renowned apex chamber of commerce, providing services to chambers, business associations, export councils, government trade agencies and businesses alike.

[International Trade Council](#): The ITC is an internationally renowned apex chamber of commerce, providing services to chambers, business associations, export councils, government trade agencies, and businesses alike.