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May 2023

MUCH TO CELEBRATE THIS MONTH!

In this month's newsletter, we're highlighting Mental Health Awareness Month, Asian American, Native Hawaiian, and Pacific Islander Heritage Month, and Jewish American Heritage Month



Mental Health Awareness Month Grantee Spotlight: BreatheDeep

For Mental Health Awareness Month, we're shining a spotlight on grantee partner [BreatheDeep](#).

BreatheDeep recently invited Health Foundation Senior Program Officer Monica Brown to join a podcast created by Peer Ambassadors to highlight key mental health issues for youth, people of color, and the community at large. Monica spoke with Peer Ambassadors Josiah, Jaylyn, and Righteous. Dr. Silas, founder of BreatheDeep also joined the conversation.

Peer Ambassadors regularly produce "Just Breathe" podcasts with community members with an emphasis on youth impact and resources. Click [here](#) to launch the podcast.

BreatheDeep provides restorative wellness information and resources to help marginalized communities. Visit their [website](#) to learn more.

Resources & Events



Register Now!
6th Annual Older Adult Mental Health Awareness Day Symposium
May 11, 2023
CEUs offered for multiple disciplines

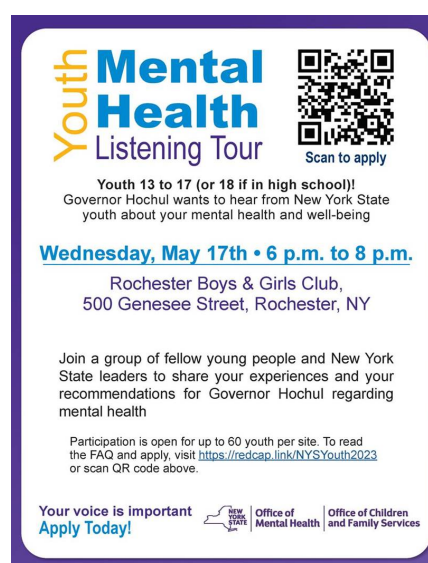
Logos: ACL, E-CENTER, HRSA, nco, SAMHSA



NAMI ROC'S 11th Annual Walk for Mental Health
Saturday, May 20th
9 am - 12 pm
Walk kickoff at 10 am
Enjoy pop-up vendors, music, & food!
Village Gate
274 N Goodman Street
Rochester, NY 14607

Register for Free
go the extra mile...
The NAMI Rochester Walk is our largest fundraiser of the year! Your support as a walk fundraiser makes a tremendous difference in our community by fueling the work we do all year long. As you raise awareness for the importance of mental health, you can also increase access to critical services for individuals and families living with a mental health condition. Because of your generosity, more peers and families will receive the support, education and advocacy they need.

Logos: NAMI Rochester, @namirochester, #NAMIrochester



Youth Mental Health Listening Tour
Scan to apply
Youth 13 to 17 (or 18 if in high school)!
Governor Hochul wants to hear from New York State youth about your mental health and well-being
Wednesday, May 17th • 6 p.m. to 8 p.m.
Rochester Boys & Girls Club,
500 Genesee Street, Rochester, NY

Join a group of fellow young people and New York State leaders to share your experiences and your recommendations for Governor Hochul regarding mental health

Participation is open for up to 60 youth per site. To read the FAQ and apply, visit <https://redcap.link/NYSYouth2023> or scan QR code above.

Your voice is important
Apply Today!

Logos: NEW YORK STATE, Office of Mental Health, Office of Children and Family Services

Celebrate Asian American, Native Hawaiian, and Pacific Islander Heritage Month

The month of May also marks Asian American, Native Hawaiian, and Pacific Islander (AANHPI) Heritage Month.

[WXXI](#) has made a selection of documentaries available to celebrate the light and love in our diverse AANHPI communities -- recognizing also the need to face ugly truths about events of racism, xenophobia, and violence targeted towards AAPI communities.

Click [here](#) to browse the selection.

**ASIAN
AMERICAN
NATIVE
HAWAIIAN
& PACIFIC
ISLANDER
HERITAGE MONTH**

In addition, the Link Gallery at Rochester City Hall is featuring an exhibit curated by the Asian/Pacific Islander/American Association of Greater Rochester (APAA).



The APAA P.I.E exhibit "integrates photography and art with technology to tell the life stories of Asian Pacific Americans (APAs) who have made significant contributions as Pioneers, Innovators and Entrepreneurs (P.I.E) to benefit their communities and society at large."

The exhibit runs through May 31. For more information, click [here](#).

Click [here](#) for a list of national events and resources celebrating Asian American, Native Hawaiian, and Pacific Islander Heritage Month.

Celebrate Jewish American Heritage Month

The month of May marks Jewish American Heritage Month, in celebration of the enduring heritage of Jewish Americans, whose values, culture, and contributions have shaped our character as a nation.



Click [here](#) to browse a collection of TV and radio programs WXXI. The Library of Congress, National Archives and Records Administration, National Endowment for the Humanities, National Gallery of Art, National Park Service and United States Holocaust Memorial Museum join in paying tribute to the generations of Jewish Americans who helped form the fabric of American history, culture and society. View the resource page [here](#).

LEARNING & ENGAGEMENT



Register for Trauma Responsive and Resilience Informed Care Training

The [New York State Trauma-Informed Network and Resource Center](#) is offering the Trauma Responsive and Resilience Informed Care curriculum to build foundational knowledge on the effects of stress, trauma, and adversity on health and well-being. Trainings start in June.

This curriculum will serve as a standard approach to training on Trauma Informed Care across the state, with multiple pathways for engaging. Individuals and organizations are invited to attend training to acquire the foundational knowledge offered in the comprehensive curriculum. Organizations can also send staff to participate in "train the trainer," to create a sustainable training model -- increasing the capacity of individuals and

organizations to promote trauma-responsive, equity-focused practices that support holistic health across New York.

Learn more and apply for the training [here](#).

Maternal Health Equity Webinar



May 16: Moving the Needle on Maternal Health Equity

[National Partnership for Women & Families](#), with support from the [Robert Wood Johnson Foundation](#).

Join national experts from **2 to 3 p.m. on Tuesday, May 16** for an insightful discussion on maternal health equity and factors beyond clinical care—including quality measures, payment reform, demographic data collection, and more.

Register for the webinar [here](#).

Webinar: Move the Needle on Maternal Health Equity

[Raising the Bar](#) recently launched a new guide for healthcare institutions to improve maternal health outcomes. The actionable guide was developed by the

Now Accepting Applications:

United Way Leadership Development Programs



The [Leadership Development Programs at United Way](#) are now accepting applications for the 2023 class year! These programs include the Latino Leadership Program, African American Leadership Program, Emerging Leaders Program, and the PRIDE Leadership Program. The application deadline is **May 31**.

United Way's Leadership Development Programs promote the placement of African Americans, Latinos, LGBTQ+ individuals, and young professionals, between the ages of 21 and 40, in board and leadership positions across the region. Each participant is given the opportunity to enhance individual and professional skills, expand connections through networking, and create authentic communities of belonging and inclusion. Graduates of these diverse programs gain the confidence, mindset, and skillset to join local community boards, take on policy-making positions, advance their professional careers, and make impactful changes in the community.

For more information and to apply, click [here](#).

Recommended Resource:

We are grateful to [Community Wealth Partners](#) for including our story in their latest field guide, "Sharing Power with Communities."

Over the past few years, the Health Foundation has been deepening our practice of sharing power with parents. It started with involving parents in decision-making for certain grants and on a committee to develop our [Healthy and Equitable Futures](#) Strategy which

aims for racial equity in whole child health for Black and Latinx children 0-8. Today, parents are routinely at the table as decision makers and we are proud to share this work!

Download the [Field Guide - Sharing Power with Communities](#).

 Community Wealth Partners



HEALTH FOUNDATION NEWS



Willow & Deaf IGNITE Celebrate 25 Years, Health Foundation Recognized

Congratulations to the [The Willow Domestic Violence Center](#) on celebrating 25 years of Deaf IGNITE services and on a successful Ignite Hope Ball held on May 5.

We are inspired by the work you do and thankful for your partnership!

From Willow: *"The Health Foundation was selected for the 2023 Phyllis Korn Restore the Hope Award based on the extraordinary support of Willow's core services AND our dreams for a future free from violence – your excitement and participation in the DV Summit, funding for Resolve counseling services, keeping our doors open during the pandemic, and investment in the Family Justice Center have positively impacted the lives of thousands. We are deeply grateful."*

Click here to launch a [video](#) highlighting the Health Foundation and Willow's partnership.

Welcome Allen Bailey to Our Team

Please join us in welcoming Allen Bailey to the Greater Rochester Health Foundation team as our new accountant! Allen comes to us from a local accounting firm where he focused his efforts on bookkeeping, tax and financial analysis for over 200 small businesses.

Prior to that he gained Big 4 accounting experience while completing 4 degrees at Syracuse University.

greater rochester
Health foundation
Welcomes



**Allen
Bailey**

I'm excited to join the Greater Rochester Health Foundation because I will be able to use accounting to promote health equity in my home region alongside a team that is genuinely committed to the cause.



Board Member Dr. Michael Scharf Named a Distinguished Professor

Congratulations to Health Foundation board member Dr. Michael Scharf on being named the first Mark and Maureen Davitt Distinguished Professor in Child and Adolescent [Psychiatry at the University of Rochester Medical Center!](#)

Mark and Maureen Davitt are longtime philanthropists to URM, including significant gifts to the Golisano Children's Hospital new building.

PUBLIC HEALTH

COVID-19 Guidance From [New York State Department of Health](#)



- Read the [recommendations](#) for the use of masks and face coverings in healthcare settings in New York.
- All New Yorkers 6 months and older should [get vaccinated](#) and get their [booster dose](#) when eligible.
- If you are experiencing symptoms or were exposed, [get tested](#).
- If you test positive, stay home and talk to your healthcare provider about [treatment](#).
- Travelers, [domestic](#) and [international](#) should continue to follow all CDC travel requirements.

GRANT OPPORTUNITIES

- **NEW:** The City of Rochester is investing \$5 million in ARPA funds to increase the availability of healthy foods in Rochester neighborhoods. As part of this initiative, \$2 million will be available for local businesses through a Healthy Food Grants Program. Eligible businesses include neighborhood markets, small-scale grocers, restaurants, and more. Grant amounts range from \$25,000 - \$250,000 and proposals are being accepted until **May 19**. Click [here](#) to learn more.
- **NEW:** ArtsBloom, part of the City of Rochester's Percent for the Arts Program, has funds available for local artists and small arts organizations to create diverse arts programming across the city. Qualifying projects include art education, performing arts, and temporary art. Applications are due on **June 1**. Click [here](#) to review the RFP and apply.



- Funded by [ESL Federal Credit Union](#), in collaboration with [Grants4Good](#), the [Women's Foundation of Genesee Valley](#) is now accepting applications for its NEW, Immersive Grant Writing Program, designed for organizations led by women of color. This will be Rochester's first grant writing course centered around the history of Black philanthropy. Not only will participants be ready to submit competitive grants, the Women's Foundation has committed to providing financial support to organizations enrolled in the course. To remove all barriers, the Women's Foundation is offering this program at zero cost. The application for the program closes on **May 26**.
 - [Mother Cabrini Health Foundation](#) is continuing its broad, responsive approach by soliciting proposals through an open call for letters of inquiry beginning on May 1, 2023. Organizations that align with their mission of working to advance the health and well-being of vulnerable New Yorkers are welcome to apply through the program that best aligns with their goals. To learn more about programs and the application process, read a recent blogpost [here](#). The 2023 open call for Letters of Inquiry will close on **May 26**. To apply, click [here](#).
 - Health-related grant opportunities -- both local and nation-wide -- are posted weekly on the Greater Rochester Health Foundation [website](#).
 - [Rochester Area Community Foundation](#) has many grant opportunities available with applications due in May. Click [here](#) to browse funding details.
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COMMUNITY BOARD



**SURJ Roc's May
General Meeting:**

A Book Talk Led

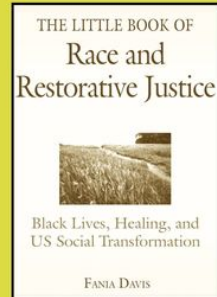
By Kit Miller

Former Director of the Gandhi Institute

**May 22nd
6:30-8:30 pm**

Zoom

More info and to register:
<https://SNS-Part-4.eventbrite.com>



The Color of Law and Just Action: *How to Challenge Segregation Enacted Under The Color Of Law*

**Monday, June 5th, 2023
1:00-3:30pm
440 East Avenue
Rochester, NY**

Presentation/Panel Discussion



RMAPI Summit 2023: Upward Mobility & Beyond Goals:

- Establish an understanding of Upward Mobility
- Advance the Unity Agenda together through ACT, ASSESS & ALIGN action steps.
- Collaborate, Connect, and Celebrate with one another
- Featuring Rochester, NY, Mayor Malik Evans as the Keynote Speaker

**June 14, 2023
MCC Downtown Campus**



Centered in equity, the mission of the Greater Rochester Health Foundation is to pursue and invest in solutions that build a healthier region where all people can thrive.



Greater Rochester Health Foundation | 255 East Ave, Suite 402, Rochester, NY 14604

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