World Mental Health Day: Make Mental Health & Well-Being for All a Global Priority

Monday is World Mental Health Day and this year's theme, "Make Mental Health & Well-Being for All a Global Priority," provides us with an opportunity to re-kindle our efforts to make the world a better place.

BIPOC Parent Voice invites individuals with mental health conditions, parents/caregivers, advocates, stakeholders, employers, funders, researchers, and employees to come together to address the success, challenges and opportunities across the mental health system and elevate the voices and needs of those from diverse communities by participating in a free webinar taking place at 11:30 a.m. on Monday, Oct. 10.

The Health Foundation is proud to partner with BIPOC Parent Voice for this and other educational events centered around racial health equity. Register and find more information here.
Celebrate Indigenous Peoples' Day!

This past summer, the City of Rochester permanently designated Indigenous Peoples' Day on the second Monday in October. In celebration of this momentous event and inaugural year, the Indigenous Peoples' Day Committee has planned a full day of free events on Monday, Oct. 10 that encourage understanding and appreciation of Indigenous Peoples and their traditions and culture. Click here or on the event flyer for the full schedule.

In addition, the Rochester Museum and Science Center invites the community to join staff, volunteers, and featured presenters from 11 a.m. to 3 p.m. to celebrate local indigenous cultures through music and art, discover the rich history and culture of the Haudenosaunee people through artifacts and interactive storytelling, and learn about everyday activism and genuine allyship. Click here for more.

State of the Latinx Community Luncheon Focuses on Homeownership & Financial Empowerment

Ibero-American Action League invites you to the 2022 State of the Latinx Community Luncheon from noon to 1:30 on Monday, Oct. 17. This virtual event is focused on homeownership and financial empowerment and features keynote speaker Alex Castro, CEO and President of Pathstone. Alex manages real estate development, property management, housing services, and direct service. His operations range from New York to Indiana, New Jersey, Ohio, Pennsylvania, Puerto Rico, Vermont, and Virginia. Click here for more information; send an email to register.

"Sound the Alarm!" for Better Maternal Health Care Practices

Join Healthy Baby Network from 8 a.m. to 3:30 p.m. on Wednesday, Oct. 26 at
the Rochester Riverside Convention Center as they host their annual conference, Sound the Alarm! Fatherhood Summit.

This year's Summit highlights the impact of preventable maternal and infant death on fathers and men, and highlight their contributions to advocacy, education, and prevention. Click here to register via email.

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**PUBLIC HEALTH**

**Resources & Guidance From** [New York State Department of Health](https://www.health.ny.gov)

**COVID-19**

- All New Yorkers 6 months and older should [get vaccinated](https://www.health.ny.gov) and get their [booster dose](https://www.health.ny.gov) when eligible.

- If you are experiencing symptoms or were exposed, [get tested](https://www.health.ny.gov).

- If you test positive, stay home and talk to your healthcare provider about [treatment](https://www.health.ny.gov).

- Masks are still required in healthcare facilities.

- Travelers, [domestic](https://www.health.ny.gov) and [international](https://www.health.ny.gov) should continue to follow all CDC travel requirements.

**New National Suicide Prevention Lifeline**

988 is the new, three-digit number for the National Suicide Prevention Lifeline (NSPL) and it's now available nationwide.

The [New York State Office of Mental Health](https://www.health.ny.gov) has created a 988 Palm Card and flow chart explaining what happens when 988 — the new crisis resource line — is contacted by call, chat, or text.

The 988 Palm Cards also include a QR code to learn more information and may be viewed, downloaded, and printed by visiting [New York's 988 web page](https://www.health.ny.gov). Cards are currently available in 10+ languages.

Learn more and download the Palm Card [here](https://www.health.ny.gov).
Recommended: Reducing Racial Disparities in Maternal Health

Excellus BlueCross BlueShield's recent Community Check-In podcast features Dr. Gina Cuyler, VP of Health Equity and Community Investments at Excellus BlueCross BlueShield on the critical topic: reducing racial disparities in maternal health.

GRANT OPPORTUNITIES

- The New York Health Foundation has a broad mission to improve the health of all New Yorkers. NYHealth’s efforts are concentrated on specific priority areas, but to ensure flexibility and responsiveness to other important health issues, the Special Projects Fund supports projects that are outside of those areas. All projects supported through this Request for Proposals (RFP) must have an impact on New Yorkers either at a local, regional, or statewide level. Special Projects Fund awards should be considered one-time, nonrenewable funding opportunities. Letter of Inquiry deadline is Oct. 12. To learn more and apply, click here.

- Funding opportunity via SAMHSA’s Project AWARE (Advancing Wellness and Resiliency in Education): The purpose of Project AWARE is to develop a sustainable infrastructure for school-based mental health programs and services. Grant recipients will leverage their partnerships to implement mental health related promotion, awareness, prevention, intervention, and resilience activities to ensure that students have access and are connected to appropriate and effective behavioral health services. Application due date: Oct. 13. To learn more and apply, click here.

- Rochester Area Community Foundation’s African American Giving Initiative has launched a new grant round. This giving circle is looking to support projects and programs that positively impact or directly reduce an identified disparity in the African American community. New this year: Nonprofits are encouraged to submit a short video that provides more details about the project. All applications are due before Nov. 1 Click here to learn more and apply.

- Health-related grant opportunities are posted weekly on the Greater Rochester Health Foundation website.

- The North Star Coalition -- comprised of members in the philanthropic, business, labor, political, nonprofit, clergy, and education communities -- are committed to a better future in the Greater Rochester area by working with stakeholders from across the region to ensure that Federal and State recovery funds will be used to create opportunities for the benefit and economic prosperity of
historically excluded residents. Federal and State grant funding opportunities are posted here.

COMMUNITY BOARD

THE 19TH ANNUAL CINDY L. DERTINGER ADVANCED BREAST CANCER SEMINAR
Tools for the Journey
LIVING WITH METASTATIC BREAST CANCER

Panel Moderator
Marcia Krebs, MD, Medical Oncologist
University of Rochester Medical Center

The Levine Center to End Hate presents
BRAVE SPACES 2022
Cultivating Unity in our Community
October 21 | 8 AM-1 PM LEARN MORE

NEW DATE & VENUE!
UJIMA ROCHESTER, INC.
A Time for Healing, Educating, And Rebuilding VII Conference: “Exploring the Trauma of Community Violence, Strategies for Healing”.

Panelists:
1. Dr. Shifting the paradigm of health: Community Health Workers to Community Violence workers
2. Dr. Ray Eglin: Reducing Violence through Community Engagement
3. Dr. Michael Hawkins: Community Violence Education and Prevention
4. Dr. Jody Regan: Community Violence Education and Prevention

Presented by Willow Center
Tuesday, October 25
Talents Hall 12
8:30 a.m. - 1 p.m.
Sign up at WillowNY.org/Summit

State of Our Children Address & Report Card Release
November 17, 2022
9:00 AM - 11:00 AM
Memorial Art Gallery
500 University Ave.

Centered in equity, the mission of the Greater Rochester Health Foundation is to pursue and invest in solutions that build a healthier region where all people can thrive.