May 2022

May is Mental Health Awareness Month

During Mental Health Awareness Month, we're elevating the work of our partners and grantees and sharing important resources they've compiled for the community. We are grateful for the dedicated work they do each day to address behavioral health crises and strengthen mental health in our region. Please browse (and share) the following events and trusted resources.
Youth Mental Health First Aid Training & Annual Walk for Mental Health with NAMI Rochester

Join NAMI Rochester for a Youth Mental Health First Aid training from 9 a.m. to 1:30 p.m. on Monday, May 16. This course teaches you how to identify, understand and respond to signs of mental health and substance use challenges among children and adolescents ages 12-18. Please contact Ginny Floss to register.

NAMI Rochester also invites the community to its 10th Annual Walk for Mental Health which raises awareness for the importance of mental health and increases access to critical services for individuals and families living with a mental health condition. Click here or on the graphic to learn more and register for the walk.

Trusted Resources from NAMI Rochester

Tuesday Talks with CCSI:
Reshaping Mental Health Services

From Coordinated Care Services Inc.:
Designating May as Mental Health Awareness Month serves to underscore the importance of mental health and to remind us that nearly one in five Americans lives with a mental health condition, and while we have made progress in expanding mental health services, many communities still face barriers in accessing the mental health services they need.

These challenges have become more pronounced over the past two years as we've faced the COVID-19 pandemic, continuing to highlight disparities faced by communities of color and those living in poverty.

Join Coordinated Care Services Inc. at noon on Tuesday, May 17 for a panel discussion featuring experts at the state and local levels as they share important and innovative efforts to reshape the way we conceptualize, deliver, and fund mental health services in New York State. Register here for the virtual event.
Join the BIPOC Parent Mental Health Project from 11 a.m. to 1:30 p.m. on Friday, May 20 in person lunch and learn - "Promoting Parents as Partnering Experts."

This free, in-person learning circle and lunch offers an opportunity for social workers, nurses, doctors, teachers, outreach workers, members of law enforcement and more to learn how to partner with parents and caregivers in their work.

Junior Dillion, MA, LMHC and Sara Taylor will lead the session. Click here to register via email.

Recommended Resource: Prioritizing Mental Health Care in America

From The National Institute for Health Care Management (NIHCM) Foundation - This infographic highlights the many challenges contributing to America’s mental health crisis as well as steps to improve and strengthen mental health care and the behavioral health industry and promote individual resiliency.

COVID RESOURCES

Latest Recommendations From New York State Department of Health

- All New Yorkers 5 and older should get fully vaccinated
- All eligible New Yorkers 12 and older should get their booster dose
- If you are experiencing symptoms or were exposed, get tested
- If you test positive, stay home and talk to your healthcare provider about treatment
- Masks are still required in healthcare facilities, nursing homes, correction facilities, domestic violence shelters, and on public transit.
- Travelers, domestic and international should continue to follow all CDC travel requirements
Recommended Resource: Podcast - Pandemic Tracking and the Future of Data

From Robert Wood Johnson Foundation: The COVID-19 pandemic highlighted the long-standing gaps in our public health data systems, which can only be improved if we ensure that the data infrastructure has an eye towards equity.

A new episode of 99% Invisible examines these data gaps and how more meaningful, nuanced data and better collaboration can move us toward a healthier and more equitable future for all. Launch the podcast here.

GRANT OPPORTUNITIES

NEW: New York State is offering grant support for those already well along on the path to opening a child care business. To qualify, new providers must have completed their orientation and received their facility ID. The Invest in New York: Child Care Deserts Grant opportunity is open until May 19, 2022. Application and detailed information regarding requirements and eligibility are available here.

NEW: Excellus BlueCross BlueShield is asking the community to submit ideas for its Member and Community Health Improvement (MACHI) funding, that specifically targets maternal health programs and access to comprehensive maternal care within its 31-county upstate New York coverage area. Not-for-profit organizations interested in applying are encouraged to review program guidelines and submit ideas no later than midnight on May 25, 2022. Learn more here.

Reminder: Health-related grant opportunities are posted weekly on the Greater Rochester Health Foundation website.

HEALTH FOUNDATION & PARTNER NEWS

Sharing Power With Community Members

What does it take to build true relationships with community members? What’s at risk if nonprofits and funders fail to do so?

Next week at the Grantmakers for Effective Organizations conference, we’re grateful to join Community Wealth Partners (CWP) and National Parent Leadership Institute to talk about the importance of sharing power and centering diverse parent knowledge and voice in decision making for more racially equitable health outcomes.

Parent leader Toyin Anderson, CWP Director Sandra Moore and Greater Rochester Health Foundation Senior Program Officer Danette Campbell-Bell will dive deeper into this topic in Chicago on Wednesday. Learn more here.
Centered in equity, the mission of the Greater Rochester Health Foundation is to pursue and invest in solutions that build a healthier region where all people can thrive.