



# Rochester 4th graders learn to cook healthy

**The students cooked up some dishes with the help of Swillburger's head chef**

Published 05/04 2016 05:19PM  
ROCHESTER, N.Y. (WROC-TV)



4th graders at School No. 43 learned to cook healthy recipes on Wednesday, with the help of Swillburger's Head Chef Brian Van Etten.

Students cooked up some dishes in the classroom as part of a month long "Kids Cooking Competition." The kids then got to share their dishes with other classmates.

The program is trying make kids "Healthy Heroes," by teaching students how to create healthy recipes and to share the recipes with classmates.

Copyright 2016 Nexstar Broadcasting, Inc. All rights reserved. This material may not be published, broadcast, rewritten, or redistributed.