



Something Fresh and New For Lunch at Rochester's School No. 10

By Mike Hedeem

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ROCHESTER, N.Y. -- Kids at Rochester's School No. 10 on Congress Avenue are happy with a new salad bar installed in February. It provides them with new options for lunch and contributes to a more nutritious diet.

The Greater Rochester Health Foundation donated nearly \$29,000 so students in up to seven elementary schools will have salad bars in their cafeterias by the end of the current school year.

"They always used to get bread, a lot of extra bread or a lot of something just to fill them up. Now I'm noticing we're hardly going through any of that. Now they want a lot more salad," said Sharie Hynes, School 10 food service manager.

The Rochester City School District plans on implementing salad bars in schools at the secondary level beginning next year.