

Conesus park to get fitness equipment

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A \$19,200 grant from the Greater Rochester Health Foundation will allow the Town of Conesus to purchase and install six pieces of outdoor fitness equipment for the use of its residents.

Supervisor Brenda Donahue, who was alerted to the opportunity by Conesus town clerk Annette McNinch, said the grant came and went quickly.

"This grant turned around really fast," she said. "It was offered and then it was done."

The best thing about the forthcoming fitness equipment, said Donahue, is that it won't cost Conesus residents a dime.



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"This grant is 100 percent funded, so we don't have to outlay any money," she said. "They told me they had 100 grant applications so it took them an extra week to sort them out, but I was really pleased we got one."

Donahue said the equipment would be purchased from GameTime, an Alabama-based outdoor playground and fitness equipment manufacturer.

"Five of them have moveable parts, you will interact with them by moving the machine, and the sixth one is stationary," said Donahue. "I thought it would be helpful, it's something where people can do crunches but they can have their feet locked under a bottom thing."

Donahue toyed with the idea of spreading the equipment out along a trail, but eventually decided that putting all six pieces in one place would be better.

"I don't think that's as conducive for people getting together to work out, so I wanted them all at one station," said Donahue. "They'll be at Ricky Greene Memorial Park."

Conesus will receive the grant funds no later than December, with an eye toward installing the equipment come spring.